

2023 -2024 Season - Class Recommendations by Level

Elementary I – 1x/week

Saturdays @ 11 am – Noon w/ Carina

Elementary II – 1-2x/week

Tuesdays @ 5-6:15 pm w/ Deneice

Thursdays @ 4:30-5:45 pm w/ Ixchel

Beginning Teen/Adult Ballet – 1-2x/week

Tuesdays @ 7:30-9 pm w/ Rita

Sundays @ 11 am – 12:30 pm w/ Kim

Elementary III/Advanced Beginning – 2-3x/week ballet + Contemporary/Modern for ages 11+

Mondays @ 4:20-5:50 pm w/ Rita

Wednesdays @ 4:30-6 pm w/ Ixchel (Youth 9-14 only)

Saturdays @ 9-10:45 am w/ Ixchel

Contemporary/Modern – Tuesdays @ 4:20-5:20 pm w/ Rotating Faculty

Open Level Options: Tuesdays @ 11 am – 12:30 pm & Pointe 12:30-1 pm w/ Rotating Company Members as Faculty

Wednesdays @ 6:15-7 pm Open Level Barre w/ Quentin (ages 14+ only)

Fridays @ 11 am – 12:30 pm & Pointe 12:30-1 pm w/ Ixchel

Sundays @ 12:45-2:15 pm w/ Kim (ages 12 + only)

Intermediate I & Pre-Pointe – 3-4x/week ballet + Pre-Pointe + Contemporary/Modern + Condition & Stretch

Tuesdays @ 5:30-7 pm & Pre-Pointe 7-7:30 pm w/ Ixchel

Wednesdays @ 4:30-6 pm w/ Ixchel (Youth 9-14 only)

Thursdays @ 4:20-5:50 pm & Pre-Pointe 5:50-6:20 pm w/ Karissa

Saturdays @ 9-10:45 am w/ Ixchel

Contemporary/Modern – Tuesdays @ 4:20-5:20 pm w/ Rotating Faculty

Condition & Stretch – Tuesdays @ 7:45-8:30 pm w/ Ixchel (ages 12+)

Open Level Options: Tuesdays @ 11 am – 12:30 pm & Pre-Pte 12:30-1 pm w/ Rotating Company Members as Faculty

Wednesdays @ 6:15-7 pm Open Level Barre w/ Quentin (ages 14+ only)

Fridays @ 11 am – 12:30 pm & Pre-Pointe 12:30-1 pm w/ Ixchel

Sundays @ 12:45-2:15 pm w/ Kim (ages 12 + only)

All students doing pointe work MUST take a minimum of 3 ballet technique classes per week

Dancers pursuing a pre-professional track should attend the larger number of classes within the recommendation

Intermediate II & Pointe – 3-5x/week ballet + Pointe + Turns & Jumps + Contemporary/Modern + Condition & Stretch + Master Class Series

Tuesdays @ 5:30-7 pm & 7-7:30 pm Pointe w/ Ixchel

Thursdays @ 4:20-5:50 pm & 5:50-6:20 pm Pointe w/ Karissa

Saturdays @ 10:45 am-12:30 pm w/ Ixchel

Turns & Jumps – Saturdays @ 12:30-1:15 pm w/ Ixchel

Pointe & Variations – Saturdays @ 1:15-2 pm w/ Ixchel

Contemporary/Modern – Tuesdays @ 4:20-5:20 pm w/ Rotating Faculty

Condition & Stretch – Tuesdays @ 7:45-8:30 pm w/ Ixchel (ages 12+)

MASTER CLASS SERIES – 2nd Sundays of each month @ 2:30-4 pm (occasionally till 4:30 pm)

Open Level Options: Tuesdays @ 11 am – 12:30 pm & Pointe 12:30-1 pm w/ Rotating Company Members as Faculty

Wednesdays @ 6:15-7 pm Open Level Barre w/ Quentin (ages 14+ only)

Fridays @ 11 am – 12:30 pm & Pointe 12:30-1 pm w/ Ixchel

Sundays @ 12:45-2:15 pm w/ Kim (ages 12 + only)

Intermediate III & Pointe – 4-6x/week ballet + Pointe + Turns & Jumps + Pas de Deux + Contemporary/Modern + Condition & Stretch + Master Class Series

Mondays @ 6-7:45 pm & 7:45-8:30 pm Pointe/Variations w/ TBD (?Ixchel?)

Tuesdays @ 5:30-7 pm (center on pointe) & 7-7:30 pm Pointe w/ Ixchel

Wednesdays @ 6:15-7 pm Barre (on pointe) w/ Quentin & Pas de Deux @ 7-8 pm w/ Quentin & Ixchel

Thursdays @ 6:30-8 pm & 8-8:30 pm Pointe w/ Ixchel

Saturdays @ 10:45 am-12:30 pm & Turns & Jumps @ 12:30-1:15 pm & Pointe & Variations @ 1:15-2 pm w/ Ixchel

Contemporary/Modern – Tuesdays @ 4:20-5:20 pm w/ Rotating Faculty

Condition & Stretch – Tuesdays @ 7:45-8:30 pm w/ Ixchel (ages 12+)

MASTER CLASS SERIES – 2nd Sundays of each month @ 2:30-4 pm (occasionally till 4:30 pm)

Open Level Options: Tuesdays @ 11 am – 12:30 pm & Pointe 12:30-1 pm w/ Rotating Company Members as Faculty

Fridays @ 11 am – 12:30 pm & Pointe 12:30-1 pm w/ Ixchel

Sundays @ 12:45-2:15 pm w/ Kim (ages 12 + only)

Advanced & Pointe – 4-6x/week ballet + Pointe + Turns & Jumps + Pas de Deux + Contemporary/Modern + Condition & Stretch + Master Class Series

Mondays @ 6-7:45 pm & 7:45-8:30 pm Pointe/Variations w/ TBD (?Ixchel?)

Tuesdays @ 5:30-7 pm (center on pointe) & 7-7:30 pm Pointe w/ Ixchel

Wednesdays @ 6:15-7 pm Barre (on pointe) w/ Quentin & Pas de Deux @ 7-8 pm w/ Quentin & Ixchel

Thursdays @ 6:30-8 pm & 8-8:30 pm Pointe w/ Ixchel

Saturdays @ 10:45 am-12:30 pm & Turns & Jumps @ 12:30-1:15 pm & Pointe & Variations @ 1:15-2 pm w/ Ixchel

Contemporary/Modern – Tuesdays @ 4:20-5:20 pm w/ Rotating Faculty

Condition & Stretch – Tuesdays @ 7:45-8:30 pm w/ Ixchel (ages 12+)

MASTER CLASS SERIES – 2nd Sundays of each month @ 2:30-4 pm (occasionally till 4:30 pm)

Open Level Options: Tuesdays @ 11 am – 12:30 pm & Pointe 12:30-1 pm w/ Rotating Company Members as Faculty

Fridays @ 11 am – 12:30 pm & Pointe 12:30-1 pm w/ Ixchel

Sundays @ 12:45-2:15 pm w/ Kim (ages 12 + only)